



Cajun Chicken Pasta Salad

Ingredients

- 1 cup Spiral Pasta
- 1 Chicken Breast
- 1 packet Rocket Leaves
- 1 packet Cherry Tomato
- 2 cloves Garlic
- 1 Onion
- 0.5 Lemon Juice
- 2 tbsp Olive Oil
- 2 tsp Paprika Powder
- 1 tsp Black Pepper
- 2 tsp Dried Oregano
- 2 tsp Chilli Flakes
- 1 tsp MAGGI® CukupRasa™

Instruction

1. To prepare the cajun dry rub, mix paprika powder, black pepper, dried oregano, chili flakes and MAGGI® CukupRasa™ together. Set aside ½ teaspoon of the dry rub and blend the rest with garlic and onions and marinate the chicken slices in it.
2. Grill chicken for about 8 minutes.
3. To prepare the dressing, mix the ½ a teaspoon dry rub with olive oil and lemon juice. Season with a bit of MAGGI® CukupRasa™ if needed.
4. Mix pasta, rocket leaves, tomatoes and chicken slices and pour over dressing.
5. Toss well to combine and serve.

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| Nutrition | | 48 Minutes |
| | | 3 servings |
| Carbohydrates | 34.19 g | |
| Energy | 282.71 kcal | |
| Fats | 11.06 g | |
| Protein | 13.42 g | |